

**END STAGE RENAL DISEASE
NETWORK OF TEXAS**

**PATIENT ENGAGEMENT
LEARNING AND ACTION
NETWORK**

**Learning
Session
4**

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WELCOME AND INTRODUCTIONS

- **Network 14 Staff**
 - Rachelle DuBose Caruthers, rcaruthers@nw14.esrd.net
 - Kathleen Prewitt, kprewitt@nw14.esrd.net
 - Lydia Omogah, lomogah@nw14.esrd.net
- **124 Dialysis Facilities**
- **Patients**
 - Subject Matter Experts
 - Facility Patient Representatives (FPRs)
 - Patients
 - Family members
- **POLLING QUESTIONS**



OBJECTIVES



- Review project outcomes to-date
- Share QIA Lessons Learned
- Share Campaign 1: Fluid Management Workbook Lessons Learned
- Introduce Campaign 2: Missed Treatments
 - Review data
 - Discuss strategies
 - Overview of workbook
- Next steps



PROJECT STATUS

- **Complete July Survey Monkey (due 7/15)**
 - **84 facilities completed survey = 67.7% compliance**

2015 PE LAN Activity	Mar	Apr	May	Jun	Jul	Aug	Sep
I. Learning Session 1 Webinars							
II. Learning Session 2 Meetings							
*Data Collection: Baseline via LS2 Meetings							
A. QIA: Recruit and Train FPRs							
III. Learning Session 3 Webinars							
B. Campaign 1: Patient Workbook on Fluid Management							
IV. Learning Session 4 Webinars							
C. Campaign 2: Patient Workbook on Missing Treatments							
V. Learning Session 5 Webinars							
*Data Collection: Monthly via Survey Monkey							

PE LAN OUTCOMES - QIA (PRELIMINARY JULY REPORT)

- Survey Monkey
 - April: 104/126=82.5%
 - May: 87/124=70.2%
 - June: 101/124=82.3%
 - July: 84/124=67.7% (due 7/15)
- Quality improvement activity (QIA)
 - # of applications in prior month
 - Baseline: 85 FPR apps received in 32 of 114 responding facilities = 28.0% of facilities
 - July data: 111 FPR apps received in 47 of 84 responding facilities = 37.9% of facilities
 - # of trained FPRs
 - Baseline: 6 FPRs in 5 of 114 responding facilities = 5% of facilities
 - July data: 125 FPRs in 60 of 84 responding facilities = 71.4% of facilities
- POLLING QUESTIONS



JULY QIA PROGRESS



CCN	Facility	# of Trained FPRs	CCN	Facility	# of Trained FPRs	CCN	Facility	# of Trained FPRs
452506	BMA South Plains	2	452742	DaVita Beeville Renal Center	1	672542	FMC of West Plano	4
452510	FMC North Texas	4	452755	Memorial	3	672549	Davita Bear Creek	1
452528	Renal Center Denton	1	452772	Alvin Dialysis Center	2	672559	US Renal Care - Southwest Fort Worth	3
452532	Watson Wise Dialysis	1	452797	Satellite Dialysis Southwood	5	672561	FMC Museum District Dialysis	2
452541	Eagle Pass Kidney Disease Cl	1	452803	Henderson Dialysis	1	672578	Davita Boerne	2
452552	Texarkana Regional Dialysis	11	452838	USRC North Fort Worth #044	1	672590	Hope Kidney Clinic	1
452575	Fresenius Baytown	2	452851	USRC Gateway Dialysis	2	672593	USRC - Kidney Center of LUBBOCK	3
452576	FMC Southwest Houston Dial	1	452857	Home Kidney Care	1	672595	Port Lavaca Dialysis	1
452605	DaVita Southwest	2	452864	Southwest Fresenius	2	672595	Port Lavaca Dialysis	1
452667	DaVita Omni	3	452868	Brookhollow	2	672605	USRC Baylor Scott Street	1
452668	West Bexar Dialysis-Fresenius	3	452873	Davita Odessa Dialysis	1	672612	Mission Bend Dialysis	2
452677	Houston Central DaVita	1	452873	Davita Odessa Dialysis	1	672612	Fresenius Medical Care Mission Bend Di	2
452688	Fresenius Medical Care	2	452883	Southeast Tyler	2	672615	Liberty Dialysis College Station	1
452692	FMC Alice	1	452893	Pinecrest Dialysis	1	672620	DaVita North Hills Dialysis	4
452693	Swiss Avenue Dialysis	2	452899	DaVita Downtown Houston	4	672627	Desert Milagro	3
452694	Dialysis Care of Greenville	1	453502	Scott and White Artificial Kidne	6	672662	DSI-Oso Bay	1
452696	Waterloo	2	672515	Davita NW Medical Center	1	672667	Hope Kidney Clinic Lakeview	1
452719	FMC Weatherford	2	672527	SNG-Barlite Dialysis Center	1	672675	Davita TC Jester	1
452735	Fresenius Medical Care South	2	672531	DaVita Grapevine	2	672688	SNG-Lufkin Dialysis	2
452742	DaVita Beeville Renal Center	1	672534	Maverick County Dialysis	3	672703	FMC - Burleson Dialysis	2

PE LAN OUTCOMES – CAMPAIGN 1 (PRELIMINARY JULY REPORT)

- 40 / 84 facilities launched Campaign 1: Fluid Management Workbook in June = 47.6
- 702 patients in 36 facilities completed one or more modules in June

CCN	Facility	Camp1 # of Pts	CCN	Facility	Camp1 # of Pts
452510	FMC North Texas	4	452838	USRC North Fort Worth #044	6
452513	Amarillo High Plains Dialysis	21	452840	US Renal Care Home Therapies	31
452532	Watson Wise Dialysis	3	452857	Home Kidney Care	10
452552	Texarkana Regional Dialysis	16	452864	Southwest Fresenius	2
452575	Fresenius Baytown	5	452868	Brookhollow Dialysis	5
452648	Renal Center of Lewisville	17	452873	Davita Odessa Dialysis	1
452667	DaVita Omni	3	672516	Rivercenter	6
452668	West Bexar Dialysis-Fresenius	3	672534	Maverick County Dialysis	8
452676	Lonestar Dialysis	22	672542	FMC of West Plano	8
452677	Houston Central DaVita	72	672549	Davita Bear Creek	1
452693	Swiss Avenue Dialysis	16	672559	US Renal Care - Southwest Fort Worth	103
452694	Dialysis Care of Greenville	37	672593	USRC - Kidney Center of LUBBOCK	86
452699	fmc redbird dialysis	39	672595	Port Lavaca Dialysis	1
452742	DaVita Beeville Renal Center	2	672605	USRC Baylor Scott Street	2
452755	Memorial	37	672612	Mission Bend Dialysis	2
452772	Alvin Dialysis Center	12	672635	DaVita Duncanville	63
452797	Satellite Dialysis Southwood	32	672662	DSI-Oso Bay	13
452803	Henderson Dialysis	1	672667	Hope Kidney Clinic Lakeview	12

CAMPAIGN 1: PATIENT FLUID MANAGEMENT WORKBOOK

- **Module 1: Setting SMART goals, which activity is the most popular with your patients?**
 - Learning Activity: What is a SMART goal?
 - Main Activity: Set a SMART goal worksheet
 - Maze Activity: How do the kidneys work?
 - Coloring Activity: Achieving a SMART goal
 - Picture Activity: Which Flo has the best amount of fluid?
- **Module 2: How much fluid can I have, which activity is the most popular with your patients?**
 - Learning Activity: Which foods are high in fluid?
 - Main Activity: Track my daily fluid weight worksheet
 - Quiz Activity: Let's Talk About... Fluids video
 - Matching Activity: Help Flo control her thirst
- **POLLING QUESTIONS**

All Teach,
All Learn!



CAMPAIGN 2: MISSED TREATMENTS

Outcomes To-date

- Baseline (March):
3,784/104,527=3.6%
- April:
3,599/103549=3.5%
- May:
4,029/117369=3.4%
- June (preliminary):
3,516/87,546=4.0%
- Range: 0.3% - 8.8%

Measures

- Number of unexcused missed treatments
- Total number of scheduled treatments (# pts x 13 per month)
- Total number of pts (facility census)



MISSED TREATMENTS

In the CHAT box:

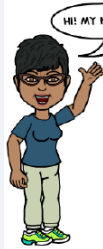
- CCN and name
- What is your greatest challenge in reducing missed treatments?
- What have you done to successfully reduce missed treatments?



672700 DSI El Paso South

CAMPAIGN 2: MISSED TREATMENTS

Meet Flo



Remember me? I am a dialysis patient. To help me stay healthy, my Care Team told me that not missing any treatments is important. Missing treatments increases my risk of hospitalization and death. Making sure I go to all of my scheduled treatments is one way to live a longer and healthy life. Taking an active part in my care by going to all of my treatments will help me to feel my best!

Let's work together again to learn more about missing treatments. Each of the modules in this workbook has activities that will help me and other dialysis patients learn more about what happens when we miss treatments and how we can avoid serious health-related problems. Let's work together on this workbook to stay healthy!

Module 1: Setting SMART goals

Module 2: What happens if I miss treatments?

Module 3: How can I avoid missing treatments?

Module 1: Setting SMART goals



Thanks for helping me with these activities. My Care Team told me that any good plan starts with a good goal. The activities in this section are all about what happens when we miss treatments and how we can set SMART goals to improve our health.

Complete at least two activities. When you are done, ask your staff or Facility Patient Representative (FPR) to sign off. Every month, your dialysis center will do something to celebrate the patients that learn about missed treatments from this workbook. Don't know who your FPR is? Ask your dialysis center staff!

Activities in Module 1: Complete two or more activities

- Learning Activity: What is a SMART goal?
- Main Activity: Set a SMART goal worksheet
- Coloring Activity: What my heart looks like when I miss treatments
- Problem Solving Activity: Achieving a SMART goal

_____ (patient name) completed two or more activities in this module on _____ (date).

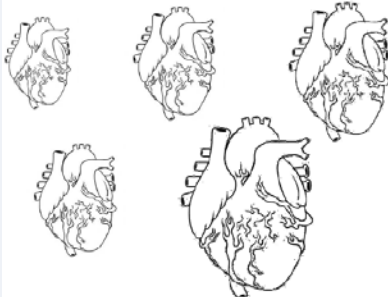
_____ (Staff or FPR signature)

CAMPAIGN 2: MISSED TREATMENTS

Coloring Activity: What my heart looks like when I miss treatments

As you learned from the last workbook, dialysis removes extra fluid from your body. When you miss a treatment, this fluid stays in your body and builds up to unhealthy levels. Your next treatment may not be able to remove it all. This extra fluid stretches your heart. After a long time, your heart will be unable to go back to its original size.

Activity 3. Pictured are different sized hearts. The smallest heart has the least amount of fluid and shows that the patient attends all treatments. Color the smallest heart **GREEN**. The largest heart has the most amount of fluid and shows that the patient has not attended treatments in a long time. Color the largest heart **RED**. The other hearts have different amounts of fluid and show that the patient attends some treatments. Color these hearts **ORANGE**.



MISSED TREATMENTS WORKBOOK MODULE 1: Activity 3 of 4

Problem Solving Activity: Achieving a SMART goal

Flo is an in-center hemodialysis patient. Sometimes Flo can't go to treatment because she has another appointment. With the help of her Care Team, Flo set a SMART goal of attending all of her scheduled treatments in August.

Activity 4. Flo has a doctor's appointment on a treatment day in August. Circle all of the resolutions below that will help Flo attend both her doctor's appointment and her scheduled treatment.

Miss the appointment and the treatment

Reschedule the doctor's appointment for a non-treatment day

Miss the dialysis treatment

Reschedule the dialysis treatment

Miss the doctor's appointment



MISSED TREATMENTS WORKBOOK MODULE 1: Activity 4 of 4

NEXT STEPS

1. Complete QIA (FPR recruiting)
2. Complete Campaign 1
3. Launch Campaign 2 – do not wait!!!
4. Report outcomes on July Survey Monkey
5. Provide feedback on the projects to ESRD Network 14 to improve the materials!!!



OBJECTIVES

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**Learning
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4**