Ideas to Help Keep You Safe While Traveling to/From Dialysis

• Instead of using public/community transportation, consider asking a family member, friend, or neighbor who may be off from work and available to drive you.
• Call your facility to ask about transportation companies, alternative services, and resources available in your area.
• When using community transportation services, request a single-ride reservation, if possible.
• If you are in a shared ride, request to be seated six feet away from other passengers. Do not board the vehicle before necessary to minimize interaction and exposure to others.

Travel Safety During COVID-19 Outbreak

• Bring disinfectant wipes to clean all high-touch areas (e.g., door knobs, seatbelts, and handles in vehicles).
• While transferring to and from your ride, wear gloves or use hand sanitizer frequently.
• As soon as you enter your facility, go the closest available sink and wash your hands with soap and water for at least 20 seconds (i.e., sing the Happy Birthday song twice).
• Bring your own pen to sign in. Do not use a shared community pen in the transportation vehicle or at your facility.
• After using transportation services, and as soon as you enter your home, wash your hands for at least 20 seconds with soap and water.
• Do not touch your face unless your hands have just been washed.