



Going Back to You!



Promoting Home Dialysis and Transplant

Dec, 2020

If **YOU** are the center of your care team, who should be the next most important care team member?



Your care giver or family member!



- Don't hesitate to ask them to be a part of your team!
- Don't ever think you are asking too much! They are willing to help you!
- Bring your care giver, family member, or significant other to your Care Plan Meeting to share your plan and goals for your Transplant or Home Dialysis!

The Dialysis Journey is not an easy pass if you don't have any support...

If you don't have any care givers or family members to rely on, find peer mentors who understand your pain and concerns as they did go through the same pass as you did. Ask your team to help you find how to connect with peers to obtain personal support!



Ask any questions of your treatment choice to "Modality Expert Team (MET)" today!

Project Lead		Patient Family Rep.	
Social Worker		Patient Family Rep.	
Star Patient Care Tech		Home Champion	
Star Patient Care Tech		Transplant Champion	

