Emergency Preparedness Checklist and Tips

An emergency can happen at a moment’s notice.
Act now and prepare before disaster strikes! This checklist will help you get started.

You’re not prepared if you cannot check these items on your emergency plan:

☐ My dialysis facility has the current street address and phone number(s) that they need to contact me and/or household member(s) or care partner(s).

☐ I have discussed my emergency plan and my dialysis facility with my household members.
   Dialysis facility name: _________________________________________________
   Dialysis facility address: _______________________________________________
   Dialysis facility telephone number: ______________________________________

☐ I have a back-up plan to get care if my dialysis facility is closed.
   Alternative dialysis facility: _____________________________________________
   Alternative dialysis facility address: ______________________________________
   Alternative dialysis facility telephone number: ____________________________

☐ I have a copy of my current treatment prescription record.
   Current Dialysis Prescription
   Time on treatment: ______________________   Dialysate: ______________________
   Blood flow rate: _________________________   Treatment anticoagulation medication: ______________________
   Dialysate flow rate: ______________________

☐ I have an additional medical condition: __________________________________

☐ I check the items in my emergency kit every six months to ensure they have not expired and are working properly.

☐ I review and update my emergency list at least every six months.

Use this list to help you build your emergency kit:

☐ Prescription medications and list of medications
☐ Insurance and/or Medicare Card
☐ Current copy of monthly lab report
☐ First aid kit
☐ Bottled water
☐ Renal diet friendly non-perishable food
☐ Cash
☐ Spare glasses
☐ Manual can opener
☐ Warm blanket
☐ Battery-powered radio
☐ Flashlight with extra batteries
☐ Cell phone with charger
☐ Books, games, puzzles
☐ Contact list of healthcare members
☐ Picture ID
☐ Car tank full of gas/alternative transportation

Discuss your emergency plans with your household members and care team.

Patient Assistance Hotlines
ARAn: 888.880.6867  DaVita: 800.400.8331  DCI: 866.424.1990  Fresenius: 800.626.1297  US Renal Care: 866.671.8772

ESRD Network:

This material was prepared by the Kidney Community Emergency Response (K C E R ) contractor, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents presented do not necessarily reflect CMS policy. CMS Contract #: HHSM-500-2016-00007C Publication Number: FL-KCER-7K2T3C-07252018-01.
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