



ESRD Support Group Resources

Hello:

Support groups can be facilitated in various ways, even online. There are numerous websites, discussion forums, blogs and email lists that provide information on this topic. Below are a few examples of where to find online support groups:

- The DaVita.com forum is a place where people with CKD, those on dialysis (either at home or at a center), as well as family members and friends, can talk online. Some topics include sharing personal experiences, diet Q&A with dietitians, working on dialysis, travel and more. A patient can also join or create a group on myDaVita.com, the online resource to may be used to help manage and understand all aspects of kidney health. It's easy and free to register.
- Renal Support Network
<https://www.rsnhope.org/support-group-and-patient-education-meetings/rsn-monthly-support-group-meeting/>
- American Association of Kidney Patients
<https://aakp.org/support-groups/>

This list serves only as a suggested starting point. Please feel free to consider any beneficial resources that you may have already identified.