



# Traveling with dialysis

Use this travel checklist to help with what to pack and how to plan before taking a trip.

## Medical supplies



### Medications

Pack enough of each medication to last you through your trip, plus a few extra days' worth in case of an unexpected delay.



### Home dialysis supplies

Make sure you pack everything you'll need for treatment, and bring a few extra days' worth. Ask your dialysis nurse if you have questions about what to take—and discuss airline guidelines for traveling with medical equipment and solutions if you're flying.

**Did you know? If you're doing dialysis with us,** we can ship at-home dialysis equipment to your travel destination in advance. Contact our Fresenius Kidney Care Patient Travel Services at 1-866-434-2597, and we'll take care of it.



### Other medical supplies

Make a list as you run through your daily routine so you don't forget anything you need.

## Personal and medical information



### **Be sure to pack these essentials:**

- Your ID card
- Your insurance card
- Medication and allergy lists
- Phone numbers and email addresses for your doctor and social worker
- Phone numbers, email addresses and location information for dialysis centers you plan to visit
- Emergency contact information
- Dialysis treatment and kidney care instructions
- Phone number for Fresenius Kidney Care Patient Travel Services: 1-866-434-2597