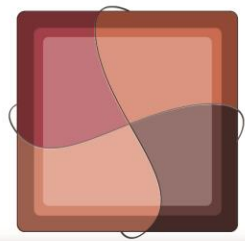


MAY



Learn about patient responsibilities.

Do your job as a patient!

Why should I learn more about patient responsibilities?

- If you understand what to do to be healthier, you will have more control over your choices
- When you make good choices, you will feel better and you may even live longer
- Healthier kidney patients have a better quality of life
- You will have a better relationship with people at your center if you do your part
- Being a responsible patient will make dialysis less stressful for you and the staff

What are some of my responsibilities as a patient?

- Be respectful. Treat your staff and other patients the way you want to be treated.
- Be considerate. If you get to your center on time then the next patient will also be able to start on time. If you are going to be late, call the center to let them know. It is your responsibility to get your treatment.
- Be active. You don't need to wait for staff to tell you what to do. Go to your next Plan of Care meeting so you can help make decisions about your care. You and your loved ones are part of your Care Team! This meeting should not be confused with your normal doctor rounds.
- Take charge of your health. After you go to your Plan of Care meeting, follow your treatment plan so you feel better.
- Pay attention. Staff or Facility Patient Representative gives handouts and posts information in most centers. Read the information they give you and go to events like lobby days to learn more.
- Ask questions. If you don't understand something, keep asking questions.

Match the word to the correct definition.

Health Care Team _____

Plan of Care meeting _____

Facility Patient Representative _____

Patient responsibilities _____

A. Fellow patient that assist facility staff with patient education.

B. Group made of doctor, nurse, dietitian, social worker, patient

C. Duties/jobs of a patient.

D. Meeting with health care team to discuss patient's care plans.

This information was created BY ESRD patients FOR ESRD patients! To file a grievance or for questions, contact the ESRD Network of Texas at 1-877-886-4435 (phone), 972-503-3219 (fax), info@nw14.esrd.net (email), 4099 McEwen Rd, Suite 820, Dallas, TX 75244, or www.esrdnetwork.org

