

Do You Need Vascular Access Patient Education Materials For YOUR facility's Patients?



→ ***Check out the Articles contained on the enclosed
FFBI Vascular Access Patient Education CD!***



Last year, the national First Breakthrough Initiative (FFBI) Community Education Workgroup developed the web-based patient education tool, the ***Vascular Access Patient Education “Electronic Notebook”***, which contained a selection of vascular access articles selected for accurate vascular access information and grade level appropriateness.



The ESRD Network of Texas, Inc., obtained permission to copy the ***Electronic Notebook*** onto a CD and is pleased to provide complimentary copies of the CD to all Texas facilities.

The FFBI Vascular Access Patient Education CD:

- ◆ ***Includes a Table of Contents that indicates the content area of each article AND lets you link to each article.***
- ◆ ***Makes it easy to locate applicable resources for patients in all clinical settings (nephrology offices/clinics, CKD clinics, surgery offices/clinics, hemodialysis facilities).***
- ◆ ***Includes patient education resources for ALL access types, including fistulas, grafts and catheters.***
- ◆ ***Requires Adobe Acrobat Reader.***



Scroll Down to the CD Table of Contents File to Find Vascular Access Education Resources for YOUR Patients!

*The ESRD Network of Texas, Inc. would like to thank the FFBI Community Education Task Force for developing the “Electronic Notebook”, and the following organizations for allowing their “Electronic Notebook” resources to be included on the ***FFBI Vascular Access Patient Education CD***: American Association of Kidney Patients (AAKP), Medical Education Institute (MEI), National Kidney Foundation and ESRD Networks # 9/10, 12 and 16.*



*Please refer to CD for disclaimers from the above contributors.
If you have questions about this resource, please contact
Bobbie Knotek, RN, NW #14 Quality Improvement Director
(469-916-3803) or bknotek@nw14.esrd.net.*



CD Contents

Article	Planning Ahead for a Fistula			Preparing for a Fistula			Creating a Fistula			Fistula After-Care and Monitoring					Using a Fistula					
	Types of HD access, care, maintenance, & planning	Preserve blood vessels	Dealing with emotions, fears, grief and loss	Choosing a qualified surgeon	Self-advocating for a fistula	Ask for vessel mapping	Preoperative Preparation	Procedure (different types)	Anesthesia	Post placement discomfort / pain	Post-OP care	Know your access plan	Checking for fistula problems	Fistula complications	Other related issues: time off from work, mobility, etc.	Your body image	What to expect at dialysis	When putting in needles go wrong	Self-cannulation: what, why and how	Monitoring at the dialysis facility
Click on the article title to go directly to the article.																				
Patients in Control (Vol. 1: Fistulas)	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>					<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		
Kidney School Module 8 Vascular Access: A Lifeline for Dialysis	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		
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Frequently Asked Questions about Fistula	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>					<input checked="" type="checkbox"/>					
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Understanding Your Hemodialysis Access Options (English)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>					<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>							<input checked="" type="checkbox"/>	

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Click on the article title to go directly to the article.																				
Understanding Your Hemodialysis Access Options (Spanish)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>					<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>							<input checked="" type="checkbox"/>	
Access Options for Dialysis	<input checked="" type="checkbox"/>											<input checked="" type="checkbox"/>								
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Just the Facts: Vascular Access	<input checked="" type="checkbox"/>							<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>								<input checked="" type="checkbox"/>

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Disclaimer Statements from Renal Organizations Providing Resources For This CD

Disclaimer for the following AAKP-developed resources:

This content is reprinted from the FFBI Vascular Access Patient Education Electronic Notebook with permission from the American Association of Kidney Patients (AAKP). Opinions expressed by authors are not necessarily those held by AAKP, its Board of Directors or publisher. The American Association of Kidney Patients is a national non-profit organization that exists to improve the lives of fellow kidney patients and their families by helping them to deal with the physical, emotional and social impact of kidney disease.

- Understanding Your Hemodialysis Access Options
- Phase I: AAKP Patient Plan
- Phase II: AAKP Patient Plan
- Phase III: AAKP Patient Plan

Disclaimer for the following ESRD Network-developed resources:

Published under CMS Contract.

- ESRD Network #9/#10:
 - Ease the Ouch
 - Access Care - Pocket Guide
- ESRD Network #12:
 - Putting “U” in Fistula
 - Maintaining Your Lifeline
 - Frequently Asked Questions about Fistulas
 - Conquering Your Fistula Fear
 - Navigating the Vascular SEAS – Self Assessment of Access, Simplified
 - Vascular Access Passport Set
 - Doppler Imaging and Vessel Mapping

Disclaimer for the MEI-developed resource, “Kidney School Module #8”:

The Kidney School Module can only be used in its entirety. Excerpting from or using only part of the module would be a violation of MEI’s copyright.

Disclaimer for the following NKF-developed resources:

Opinions expressed in this article do not necessarily represent the position of the National Kidney Foundation.

- Hemodialysis Catheters: How to Keep Yours Working Well
- How Your Access Works
- Choosing Your Hemodialysis Vascular Access
- Access Options for Dialysis