



**National Kidney
Foundation®**
Serving TEXAS

5429 LBJ Fwy #250
Dallas, TX 75240

**A NEW NORMAL –
GETTING BACK TO BASICS**

NKF Annual
Patient Education Seminar

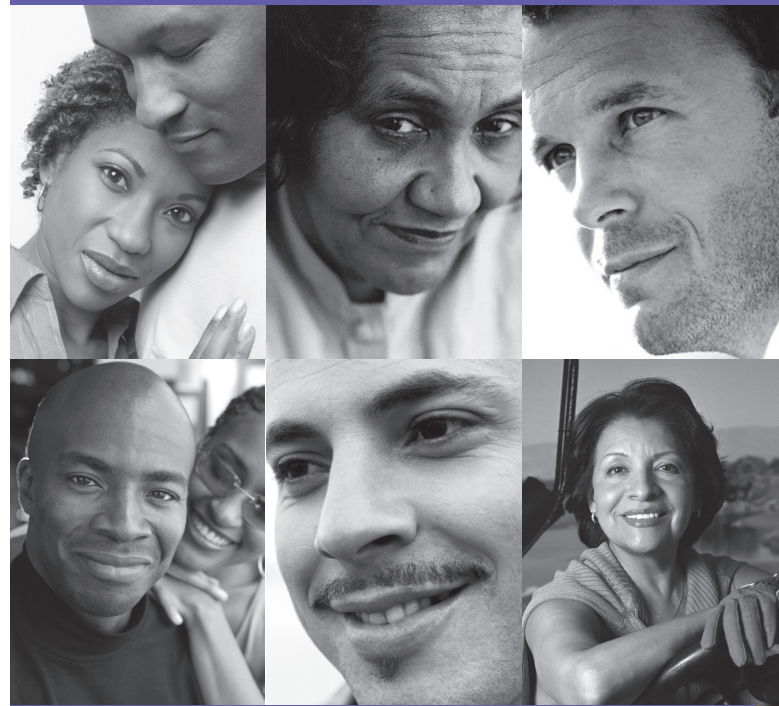
Double Tree By Hilton
Campbell Center

8250 North Central Expressway
(1-75 & Caruth Haven)
Dallas, Texas 75206

**LOVE YOUR
KIDNEYS®**



**“A New Normal”...
Getting Back to Basics**



NKF Annual Patient Education Seminar
Sunday, March 18, 2012
Noon – 5:00pm
Double Tree by Hilton
Campbell Center



**National Kidney
Foundation®**



Keynote Speaker,
Ms. Kristi Nelson,
News Anchor for
NBC 5, recent
kidney donor, and
2012 Kidney Walk
Chairperson

A New Normal - Getting Back To Basics
NKF Serving Texas Annual
Patient Education Seminar
Double Tree By Hilton Campbell Center
March 18, 2011

GENERAL SESSION

Welcome - Mark Edwards, Director of Programs

- 12:00 - 12:30pm – Registration
- 12:30 - 1:15pm – Lunch & General Session by Keynote Speaker and Kidney Donor Ms. Kristi Nelson (NBC5)
- 1:30 - 2:30pm – Session 1*
- 2:30 - 3:30pm – Session 2*
- 3:30 - 4:00pm – General Session
- 4:00 - 4:30pm – Questions & Answers
- 4:30- 5:00pm – Prize Drawing & Closing Remarks



Dr. Paul Skluzacek,
Nephrologist, will
speak on the effects of
“Vascular Calcification”

Sessions include...

■ **Dialysis Care**

- Vascular Access
- Self-Care Hemodialysis
- Home Dialysis
- Peritoneal Dialysis

■ **Emotional Health While Preparing for Dialysis:**

- Issues of Loss and Coping
- Challenges for People Facing Dialysis
- Acceptance of Dialysis

■ **Physical Health in CKD**

- High Blood Pressure
- Anemia
- Nutrition

■ **Cardiovascular Disease**

- Diabetes
- Lab and Other Diagnostic Tests

“It is so important that when someone is told they are going on dialysis, they connect with another patient to talk to. The general public knows nothing about dialysis. I know when I was told I needed dialysis, I felt like my world would end. It was so helpful to have someone to encourage me and let me know it would be all right.”

-Anonymous

REGISTRATION (PLEASE PRINT LEGIBLY)
(Only \$5 per person / \$8 at the door)

NAME _____

ADDRESS _____

CITY _____ ST _____ ZIP _____

HOME/CELL PHONE (_____) _____

- Pay by credit card MASTERCARD
 VISA
 AMERICAN EXPRESS

CARDHOLDER _____

ADDRESS _____

CITY _____ ST _____ ZIP _____

CARD NUMBER _____

EXP DATE _____ EMAIL _____

Enclosed is my check for \$ _____

Number of Tickets _____

(Only \$5 per person / \$8 at the door)

MAKE PAYABLE TO **NATIONAL KIDNEY FOUNDATION**
5429 LBJ FWY Suite: #250
Dallas, TX 75240-2617
tel. 877.543.6397 fax 214.351.3797

The registration fee includes luncheon. *Seating is limited.*
Make reservations at www.nkft.org or call 214.351.2393.
Email: texasinfo@kidney.org



*Choose from one of four sessions